

TERRA

MEDITERRANIA

SALADS

Grilled Garlic Steak Salad \$17.5
Fresh Greens, Terra's Grilled Garlic Steak Tomatoes, Sumac Onions, Beets, Toasted Almonds, Feta, served with your choice of house dressing on the side.

Crispy Caesar \$15.85
Crispy Leaf Blend, Baby Kale, Crispy Kataifi Chicken, Green Beans, Parmesan, Za'atar Croutons, Ja'ala Nut Mix and Caesar Dressing

Shawarma Salad \$15.45
Mixed Leafy Greens, Baby Kale, Farro, Shawarma Chicken, Spicy Tomatoes, Silan Roasted, Aleppo Chickpeas, Sumac Onions, Farmland Herbs, Serrano Peppers, Ja'ala Nut Mix, Tahini Yogurt Dressing

Harvest Salad \$14.85
Crispy Leaf Blend, Baby Kale, Grilled Chicken, Sweet Potatoes, Beets, Baby Zucchini, Cucumber, Feta Cheese, Salad, Candied Walnuts

Green Salad \$12.45
Fresh Greens, Garlic roasted Zucchini, Cucumber, Green Beans, Mixed Herbs, and Pistachio all served with a side of your choice of vinaigrette.

Baked Falafel Salad \$14.35
Mixed Leafy Greens, Baby Kale, Baked Falafel, Quinoa, Moroccan Carrots, Sumac Onions, Farmland Herbs, Sweet Potatoes, Baby Zucchini, Ja'ala Nut Mix, and Lemon Honey Vinaigrette.

Greek Salad \$12.85
Crispy Romaine & Iceberg with Spicy Tomatoes, Olives, Feta, Za'atar, Cucumber and Olive Oil

WRAPS

Crispy Harissa Chicken Wrap \$13.75
Our take on a Mediterranean Buffalo Chicken Wrap, Crispy Chicken, Moroccan Carrots, Persian Cucumber, Feta, House Harissa and Yogurt Dill.

Grilled Garlic Steak Wrap \$16.5
Terra's Grilled Garlic Steak with Crispy Iceberg & Romaine Lettuce, Spicy Tomatoes, House Pickles, Feta and Schug Aioli.

Classic Shawarma Wrap \$13.55
A classic comfort Chicken Shawarma wrap with Aleppo Chickpeas, Cucumber, Sumac Onions and Tahini Yogurt

Mediterranean Burrito \$13.45
Chicken Shawarma with Smoky Terra Sauce, Jasmine Rice, Greek Yogurt Slaw, Aleppo Chickpeas, Serrano Peppers, and Fresh Parsley.

Crispy Chicken Wrap \$13.75
Mediterranean Crispy Chicken, Terra Chips (Inside), Greek Yogurt Slaw, and Schug Aioli (Spicy Herb Blend).

Falafel Laffa Wrap \$12.25
Crispy Chips (Inside) and Herbed Oven-Baked Falafel with Sumac Onions, Spicy Tomatoes, Crispy Leaf blend and Tahini-Yogurt.

Shawarma Laffa Wrap \$13.55
Spiced Chicken Thigh with Sumac Onions, Spicy Tomatoes, Parsley and our rich Tahini Yogurt sauce.

BOWL

Grilled Garlic Steak bowl \$17.5
Terra's Grilled Garlic Steak served over Jasmine Rice with Broccoli, cucumber, Muhammara and house-made Pickles.

Kebab Bowl \$15.45
Kebab over Rice, Crispy Leaf Blend, Roasted Cauliflower, Spicy Tomato Salad, Moroccan Carrots, Toasted Almonds Served with Tzatziki.

Shawarma Bowl \$14.95
Mediterranean-spiced Chicken Thigh over Farro (wheat grain), Mixed Greens with Roasted Beets, Sweet Potatoes and Broccoli, Muhammara with sliced Serrano Peppers, Walnuts and a side Harissa Vinaigrette.

Greek Chicken Bowl \$14.95
Sliced Chicken Breast over Spanakorizo (Mediterranean Herbed Rice), Crispy Leaf Blend, Spicy Tomato Salad, Baby Zucchini, Cucumber Tzatziki and a side of Lemon Honey Vinaigrette.

Crispy Chicken Bowl \$15.75
Mediterranean Crispy Chicken over Spanakorizo (Herbed Rice) and Quinoa, with Garlic Roasted Cauliflower, Moroccan Carrots, Green Beans, Sumac Onions, Tzatziki, Lemon Honey Glaze and Pistachios served with Schug Aioli (Spicy Herb Blend).

Baked Falafel Bowl \$14.45
Herbed Oven-Baked Falafel, Farro (wheat grain), Garlic Cauliflower, Farro Citrus Salad, Aleppo Chickpeas, Spicy Tomato Salad, Ja'ala Nut Mix, served with Hummus.

Glazed Salmon Bowl \$18.5
Za'atar Honey-Cider Glazed Salmon, served over Spanakorizo (Spinach Rice), with Cauliflower, Green Beans, Farro Citrus Salad, Cucumber, and Pistachio.

Specials

Mediterranean Crispy Chicken \$9.95
Our special Buttermilk-Brined Chicken coated in thin strips of shredded Phyllo Pastry. Light, tasty and incredibly crispy!

Crispy Chicken Combo \$12.5
Our special Buttermilk-Brined Chicken coated in thin strips of shredded Phyllo Pastry. Light, tasty and incredibly crispy served with our classic house fries and Greek Yogurt Slaw.

Arayes Pita Sliders \$12.25
Quartered Pita stuffed with house made kebab, oven roasted with Olive Oil.

Arayes Pita Sliders Combo \$14.95
Oven roasted with Olive Oil, Spicy Tomato Salad, served with our classic thin-cut Fries!

Crispy Chicken Sandwich \$11.75
Mediterranean style Crispy Chicken topped with creamy Greek Yogurt Slaw served in a soft brioche style buns.

Terra Chips \$5.5
Terra's Potato chips tossed in our house seasoning and dried parsley.

Mezze (Side)

Tomato Salad (salad) \$7.55
Spicy Tomatoes, Cucumber, Za'atar Leaves, Olives, Feta, Olive Oil

Farro Citrus Salad \$7.55
Feta, Farro, Onion, Sliced Spinach lightened with Orange and Lemon Juices.

Aleppo Chickpeas \$7.55
Spiced Aleppo Chickpeas garnished with Cucumber, Feta Cheese and Mixed Herbs.

Zucchini (salad) \$7.55
Tzatziki, Zucchini.

Beets (salad) \$7.55
Beets, Feta, Candied Walnuts

Green Beans (salad) \$7.55
Green Beans, Lemon Vinaigrette, Toasted Almonds

Moroccan Carrots (salad) \$7.55
Moroccan Carrots, Parsley, Toasted Almonds

Charred Broccoli..... \$7.55
Lightly seasoned with Salt, and a Honey Cilantro sauce

Cauliflower \$7.55
Roasted Cauliflower, Parmesan, Caesar Dressing, Toasted Almonds.

Hummus (spread) \$7.55
Hummus, Terra Dust, Olive Oil

Hummus & Aleppo chick peas (spread) \$7.55
Hummus, Parsley, Aleppo Chickpeas, Olive Oil

Muhammara (red pepper walnut spread) \$7.55
Muhammara, Parsley, Candied Walnuts, Tzatziki

Mini House Spread \$7.55
Enjoy a choice of our mini house spreads. Option to add house Pita.

Terra Mixed Pickles \$4.95

Extras

Add Avocado..... \$2.5

Add Egg \$1.5

Add Pita \$1.5

Extra Sauce \$1

Hot Honey Dipping Sauce (4 oz) \$1.75

Caesar Dressing, Harissa Vinaigrette, Tahini Yogurt, Schug Aioli (Spicy), Terra Vinaigrette, Yogurt Dill, Lemon Honey Vinaigrette, Smoky Aioli (Spicy), Shatta (Hot Sauce), Confit Garlic Whip, House Harissa (Spicy).

Meals

Choice of Protein \$19.75

Baked Falafel [V], Chicken Shawarma, Mediterranean Crispy Chicken, Chicken Breast, Beef Kebab, Glazed Salmon, Grilled Garlic Steak,

Choice of Grain - Rice, Spanakorizo (Rice Spinach), Quinoa, Farro (Wheat).

Choice of Veggies Grilled 2 - Cauliflower, Broccoli, Sweet Potato.

Choice of Spread - Hummus, Tzatziki, Muhammara.

Drink or Dessert, Choice of Mezze of - (House Juices & Alcohol not included).

Market Plate

Market Plate \$14.25

Create your own colorful plate. Pick from our variety of Mezze and spreads to build your plate. Enjoy it with a Pita and house made Sauces.

Desserts

Yogurt Olive Oil Cake \$4.5

A light cake made from creamy yogurt and rich olive oil, topped with Candied Pistachio Pieces offering a perfect balance of tang and sweetness in every bite.

Tahini Chocolate Cookie \$3.25

Indulge in our Tahini Chocolate cookie, a sophisticated upgrade to the Classic Brown Sugar Chocolate Chunk. Elevate your taste experience with the richness of our signature Tahini infusion.

Halva Oat Bites \$3.25

Savor the Mediterranean twist in our Halva Oat cookie—a modern take on the classic rolled oat delight, subtly enhanced with Nigella Seeds for a uniquely delightful experience.

Chocolate Crispy Bar \$3.25

Indulge in our crunchy delights with three tempting flavors to choose from: creamy Pistachio White Chocolate, luscious Sea Salt Milk Chocolate, or bold Dark Chocolate Coffee.

Crunchy Nut Mix \$2.95

Roasted Pistachio, Pumpkin Seeds, and Candied Walnuts.

Drinks

\$3.5

Water... Sparkling or Still / Spindrift... Variety of Flavors

Coca Cola, Diet Coke, Sprite

Also serving Beer Wine & Fresh Juices.